



Affirmation Seeking

1	6
2	7
3	8
4	9
5	10

Total

Beliefs

1	6
2	7
3	8
4	9
5	10

Total

Know Yourself	1	2	
Challenge Beliefs	3	4	
An Open Mind	5	6	
Evolve	7	8	
Me First	9	10	
Understand/Accept	11	12	
Surrender	13	14	
Trust Your Gut	15	16	
Tell a New Story	17	18	
Stay True to Self	19	20	

	Performing	Adapting	Authentic
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Work	<input type="text"/>	<input type="text"/>	<input type="text"/>
Friends Family	<input type="text"/>	<input type="text"/>	<input type="text"/>
Romantic Relationship	<input type="text"/>	<input type="text"/>	<input type="text"/>

Total /100